

**“Together We’re Better”:
The Family School Liaison Program (FSLP)**

The FSLP is a free, school based, confidential service which partners with Parents and School Personnel to collaboratively enhance a child’s social, emotional, behavioural and academic functioning throughout the academic year.

This service is made possible by partnership funding among The Student Health Initiative, Christ the Redeemer School Division, Family and Community Support Services and Child and Family Services Authority-Region 3, and United Way, Okotoks

The FSLP services needs such as:

- Peer Relating Skills
- Assertiveness
- Self Esteem
- Parenting Strategies
- Grief and Loss
- Separation/Divorce
- Anxiety and Depression
- Alcohol/Drug Misuse/Abuse
- Conflict Resolution
- Family Violence
- Parent/Teen Conflict
- Anger Management

These needs are addressed with an emphasis on prevention and early intervention utilizing classroom presentations, consultations, community resource referrals and counselling.

Managing the Facilitation of Change:

The principal intervention strategy is to utilize “Solution Focused Counselling” techniques in addressing and serving individuals, families, groups, classes, and in consulting/collaborating with school personnel and community service resources.

Solution Focused Counselling is a valuable intervention tool for the following reasons:

- *The focus is on the solutions with an emphasis on looking forward rather than the reasons for different problems*
- *The setting of small goals encourages realism in overcoming barriers*
- *It respectfully recognizes the clients’ ‘expertise’ in finding ways around the barriers*
- *It uses ‘compliments’ as a means of encouraging and motivating clients for change*
- *The tool of ‘scaling’ allows for the measurement of progress and the establishment of priorities for action*
- *It is brief and success can be experience in a single-session*

The Value of Volunteers: Please consider giving of your time and talent

*The administrative team (Principal and Vice-Principal) in collaboration with FSLP staff actively select volunteers for specific, task-related activities such as:**

- *assisting in the development of prevention-themed bulletin boards*
- *photocopying*
- *development of resource files*
- *assistance in the development on the internal bulletin. "Finding Solutions Together"*
- *organization of psycho-educational materials*
- *the regular clipping of media-generated resources focused on issues with a prevention-oriented message*
- *co-design, development and production of prevention-themed poster campaigns*
- *compiling blank client files*
- *co-preparation of materials for prevention-oriented classroom presentation/workshops*
- *laminating of materials*
- *transporting of psycho-educational materials from one site to another*
- *assist in the creation of window display for FSLP Office*

****Please note: volunteers are not permitted to handle confidential materials to uphold the protection of privacy and confidentiality of clients of the service.***

Thank you for visiting our web page and taking the time to learn about the Family School Liaison Program. If you have any questions or may be in need of service or are interested in learning more about volunteering, please contact the Family School Liaison Worker at your school.

